

Dear Healthcare Professional,

First-Trimester Ultra-Screen Instant Risk Assessment screening consists of a combination of blood work and an ultrasound measurement from the baby. The Instant Risk Assessment program allows the patient the earliest possible risk assessment for Down syndrome and Trisomy 18 & 13.

Patient instructions to effectively use the screening kit:

1. Read the information enclosed in the kit.
2. Please complete the **BLUE** sections of the blood sample card that includes the patient information section and the billing information (your health insurance) and sign and date the bottom. If possible, enclose a copy of your insurance card with your blood sample. Please also fill in the “**Collection Date**” at the top. This is **VERY** important information as this may affect your results.
3. Please also fill in your **Referring OB/GYN’s** name in the white section on the top right under Physician information.
4. Prick your finger, place 5 large drops of blood on the card where indicated, let it dry, and then mail the sample to the laboratory in the enclosed postage-paid envelope.
5. Your doctor’s office will fax a request for consultation along with all of your pregnancy records to DCMFMCC for your ultrasound and your instant risk assessment. Once we receive your paperwork **we will contact you** within 72 hours to schedule your appointment (302)-319-5680 ext 1.

Remember, your blood sample must be mailed **at least 10 days prior to your ultrasound appointment.**

6. Following your ultrasound, the perinatologist will interpret your scan and access your blood test results from the laboratory computer database. Then a calculation of your adjusted risk will be instantly performed utilizing information from both the ultrasound and the blood work. This result will be provided to you and then forwarded to your doctor. In the event of a high-risk result, further recommendations for follow-up (i.e. genetic counseling, and testing options; including chorionic villis sampling (CVS)) will be made at the time of your appointment.

Your patient should obtain her blood sample AFTER a pregnancy age of 9 weeks 1 day. The blood sample should be mailed to the lab AT LEAST 10 days before the ultrasound appointment. If you have any questions, please contact the First Trimester Coordinator at (302) 733-2328.

Please feel free to visit our website at www.dcmfm.com for more information.